Dear Section Members,

Another year has begun and I hope you all enjoyed the holidays and had special times with family and friends. May 2012 be a wonderful year for you.

Combined Sections Meeting is only about a week away and I hope that many of you are planning to attend. The city of Chicago has a history of being very good at handling large meeting groups and providing efficient transportation from the hotels to the convention center, so don’t let the concern about getting to and from the convention center keep you from joining us. The number of registrants is looking great so far, so it should be another successful meeting. The programming is excellent as always.

Our membership meeting is Friday evening, Feb. 10, at 6:30 in the Hilton Hotel Conference Room 4M, so I hope that if you are at CSM you will join us. I always enjoy seeing old and new faces! If you are new there is no better way to get to know other Section members than to come to our meeting. We can always use new volunteers with fresh ideas. Also, we can always use volunteers to work at our Section booth in the exhibit hall area so let Bobby Belarmino know if you can give an hour or two for our booth.

The past year was a good year for our Section. Our membership is holding steady and our Journal continues to provide us with high-quality articles and information. I have seen increased interest in cardiovascular and pulmonary physical therapy across the country. The Section’s board of directors continues to work hard to advance our Section and our profession. We have members who are very involved with APTA activities and our Section is regarded highly by the APTA.

It is my hope that our Section will continue to grow and to be a positive influence for our profession on a local, national, and international level in this new year.

Best regards,

Ethel Frese, PT, DPT, MHS, CCS
President
The CVP section pledge of $100,000 to the Foundation for Physical therapy has now been successfully met!!

Thank you to all of our section members who contributed to this pledge. This pledge speaks volumes about our section’s dedication to research and furthering the profession of Physical Therapy.

All members should be proud of this accomplishment.
Section Member Profile
Lauren Healey, MSPT

Lauren Healey received her BS in Health Studies from Sargent College of Health and Rehabilitation Sciences at Boston University in 1998, followed by an MS in PT in 2000 (also at Sargent). She is currently finishing a transitional DPT through Northeastern University.

Lauren started her professional career at Newton-Wellesley Hospital, where she was in charge of a program for childhood obesity treatment and prevention for 2 years. In 2002 she moved into acute care and their cardiac rehabilitation programs through the Cardiovascular Health Center. While there she became a Board Certified Cardiopulmonary Clinical Specialist in 2005.

In 2007 Lauren helped establish the Outpatient Pulmonary Rehabilitation Program for Newton-Wellesley Hospital. Since 2009 she has been working in both Brigham and Women’s outpatient cardiac rehabilitation program and cardiopulmonary physical therapy for Mass General in Foxborough.

Throughout much of this time, Lauren has been active in Physical Therapist education, serving as a lab instructor and adjunct professor at Northeastern’s Bouve College of Health Sciences and the University of Massachusetts at Lowell. She has presented at CSM and APTA, most recently as a co-presenter in Boston, presenting: A Comprehensive Course on Cardiovascular and Pulmonary Practice in the Management of Patients in the Acute Care Setting: A Case-Based Approach Using Human Simulation.

Recently, Lauren received the Partners in Excellence award for her collaborative work with Massachusetts General and Brigham & Women’s Hospital. There she helped establish the Brigham & Women’s Cardiac Rehabilitation Program. The program integrates exercise training, nutrition, stress reduction, and education for patients with cardiovascular disease. Lauren continues to be involved in research related to cardiopulmonary rehabilitation.

Highlight written by: Lynn Millar, PT, PhD

Don’t forget to check out the CVP Section Facebook page. Go to Facebook, then “like” Cardiovascular and Pulmonary Section of ATPA. View section pictures, updates, and information. Also, please feel free to use the page to network with others and post questions to each other.
Thursday, February 9

- Inflammation, Atherosclerosis, Neurodegeneration, and Cancer
  **Speaker:** Brad Stockert, PT, PhD
- Rehabilitation Strategies for Patients With Diabetes Mellitus and Associated Complications
  **Speakers:** Abraham D. Lee, PT, PhD, Rick Black, PT, DPT, MS, GCS
- Linda Crane Lecture: Professionalism and Core Values in Physical Therapy—Lessons Learned From Linda Crane
  **Speaker:** Lawrence Cahalin PT, PhD, CCS

Friday, February 10

- Cardiac Co morbidities in Outpatient Settings: Implications for Assessment and Treatment
  **Speaker:** Audrey L. Millar, PT, PhD
- Using Yoga and Meditation in Physical Therapy for the Management of Patients With Cardiovascular Disease
  **Speaker:** Pradip K. Ghosh, PT, PhD, DMS
- **Cardiovascular and Pulmonary Membership Meeting**

Saturday, February 11

- **Diagnosis Dialog: In-patients With Multi-system Involvement—What “Labels” Should We Use? Part 1**
  **Speakers:** Karen E. Abraham-Justice, PhD, Tamara L. Burlis, PT, DPT, Ethel Frese, PT, PhD, Pamela K. Levangie, PT, DPT, DSc, FAPTA, Natalie Sebba, PT, DPT, Cynthia Coffin Zadai, PT, DPT, MS, CCS, FAPTA, Barbara J. Norton, PT, PhD, FAPTA
- **Polypharmacy in the Geriatric Client: What Does It Mean to My Clinical Practice?**
  **Speakers:** Suzanne L. Tinsley, PhD, Marie Vazquez-Morgan, PT, PhD
- **Diagnosis Dialog: In-patients With Multi-system Involvement—What “Labels” Should We Use? Part 2**
  **Speakers:** Tamara L. Burlis, PT, DPT, Ethel Frese, PT, PhD, Pamela K. Levangie, PT, DPT, DSc, FAPTA, Karen E. Abraham-Justice, PhD, Cynthia Coffin Zadai, PT, DPT, MS, CCS, FAPTA, Barbara J. Norton, PT, PhD, FAPTA, Natalie Sebba, PT, DPT
- **Pediatric Obesity: A Multi-disciplinary Approach to a Multi-faceted Problem**
  **Speaker:** Sharon A. Martino, PhD

**CVP Section Membership Meeting: at CSM**
**Friday, February 10**
**Hilton Hotel Conference Room 4M**
Hear section committee reports, volunteer to help the section, network with colleagues, and meet new members.
Section Mentor and Merit Awards will also be given at the meeting.
DRIVE4COPD Campaign
Great American Screen Off Activities
New York City, NY and Buffalo, NY

24 M VIP event New York City

National Wear Orange Day 11/4/11
Buffalo, NY Outpt cardiac and pulmonary clinic
In Memoriam – Nancy Louise Humberstone

In January, our section lost an important advocate for our profession and specialty. Nancy Louise Humberstone, 65, passed away at her home in The Villages, Florida on January 7, 2012. She passed away after seven and a half years of suffering with Alzheimer’s. Nancy received her initial training at Boston University. She then served in the Navy for two years. After her time in the Navy, Nancy, attended Emory University and obtained a Masters in Medical Science. She worked and taught at Emory University for most of her career. Her students raved about her mentorship and her colleagues became life-long friends.

Nancy was the first chair of the Specialty Council for Cardiovascular and Pulmonary Section.

Nancy was never ashamed to be smart and taught all that knowledge is power without a need to flaunt it. Nancy was resilient. She amazed people with her ability to give an update on her serious cancer prognosis without breaking down. She was able to go to each treatment session like a warrior ready for combat. Although she lost her battle with Alzheimer’s disease, she fought that too, with grace and determination. She is survived by her husband, Dennis Humberstone; her two daughters, son-in-law, other family, and her beloved beagle, Molly, who never left her side throughout her disease. In lieu of flowers, memorial donations may be made to the charity she inspired: To Remember 2606 Glenrose Hill Atlanta, GA 30341 [www.ToRemember.com](http://www.ToRemember.com)

The CVP Section would like to thank Nancy for her service to our section and profession. We hope to keep her spirit alive and that of others like Nancy that we have lost. The CVP section would like to wish Nancy’s family some peace as they go through this difficult time.
Welcome New CVP Section Members Joining Between Sept - November 2011

September 2011
Allison M Ambre, PT, DPT
Nicole Berrian, SPT
Jayme Brainard, SPT, BS
Iancu V Capusan, PT
Ninette Carignan, SPTA, BS
Deborah D Forrister, SPTA
Louie M Manigbas Gaba, PT
Mariejane L Hill, SPTA
Gavin Lee, SPT
Jinny Marie McGivern, SPT
Janev Morris, SPT
Timothy James Nichols, PTA
Ajit A Sankhe, PT
Marissa Marie Walck, SPT
Josie Ann Winkle, PTA

October 2011
Vincent John Cotaco Alarcon, PT
Jenna Lauren Bohrer, PT
Samantha K Brown, PT
Peter T Buffington, SPT
Anh Butkiewicz, PT, DPT
John Russell Costantine, PT
Christine Dillon, PT, MSHSA
Christian Figueroedo, PTA
Courtney Lyn Gaddis, PT
Adam Pinckney Goldberg, PT, DPT
Maggie Cahill Goldberg, PT
Robin S Hodges, PT, GCS
Chad Eric Kelly, SPT
Connie Kelly, PTA
Peggy Kerr, PT, MS
Margaret A Lowdermilk, PT
Lisa Ly, PT, DPT
Patricia McAdoo, PT, MEd
Abby D McAvoy, SPT
Jenna Nam, PT
Rachel W Pata, PT, DPT
Michael Kenneth Price, PT
Kyamila Kamilla Rakhamimovz, PT
Eric Lynn Rush, SPTA
Amanda Yolanda Sawica, PT
Jamie Ann Schneider, PT
Christine Slaninka, PT
Prachi Pramod Sovale, PT
Thomas Lee Sutton, PT, DPT
Bridget L Tarrant, PT
Jeffrey Bryant Weisler, PT, DPT
John Rhett Wheeler, PT, DPT
Carrie Lyn Wilkening, SPTA
Chi Fai Wong, PT

November 2011
Danielle Brewster, PT, DPT
Yoshiko Chomon, PT
Corinne E Cooley, SPT
Genevieve Correa, SPT
Shacorrah Nicole Crosby, SPT
Scott Adam Entsminger, SPT
Megan Fisher, SPT
Morgan Fry SPT
Carol M Gibbons, PT
Jeffrey Thomas Hamilton, PT, DPT
Meredith Hinds Harris, DPT, EdD
Leslie Bailey Hayton, PT
Patricia Jane Hennessy, PT
Amanda B Hutcherson, SPT
Justin Jellin, SPT
Brenda Johnson, MSPT, DPT
Terriann Jui SPT
Kelsey Kikugawa, SPT
Gregory Paul Koser, PT
Fallon Pam Levine, PT
Janice K Long, PT
Brenda Rose Lush, SPT
Nathaniel Ray Meece, PT, DPT
Jay T Merritts, SPT
Suzanne Miller SPT
Shannon M Moats, SPT
Thomas Modenbach, SPT
Michelle Teresa Moore, PTA
Ryoto Nagaoka, SPT
Kim N Nguyen, SPT
Heather Marie Riddle, PT
Kyle Justin Ridgway, PT, DPT
Yvette B Sardillo, PT
Amanda S Schlitt, SPT
Meghan Leigh Schwartz, PT, DPT
Jason Louis Scozzafava, PT
Barbara Anne Smigo PT
Nicole Starr, SPT
Jennifer Szczotka, SPT
Megan Mea Umberger, SPT
Sandra M Waas, PT
Alisha Zimmerman, PT

Welcome
If you have something that you would like to submit to the e-newsletter in the future, please forward it to www.bartlop@dyce.edu.

Do you have a section member that you think should be highlighted in the newsletter? Send their name and contact info to bartlop@dyce.edu.

If you do not wish to receive e-newsletters from the section in the future please send a note to www.bartlop@dyce.edu.

Cardiovascular and Pulmonary Section
American Physical Therapy Association

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